

Savings: Set Aside A Little, Save A Lot

| Years | No Savings | \$10/weekly paycheck | \$20/weekly paycheck | \$35/weekly paycheck | \$50/weekly paycheck |
|-------|------------|----------------------|----------------------|----------------------|----------------------|
| 1 | \$0 | \$520 | \$1,040 | \$1,820 | \$2,600 |
| 2 | \$0 | \$1,040 | \$2,080 | \$3,640 | \$5,200 |
| 3 | \$0 | \$1,560 | \$3,120 | \$5,460 | \$7,800 |
| 4 | \$0 | \$2,080 | \$4,160 | \$7,280 | \$10,400 |
| 5 | \$0 | \$2,600 | \$5,200 | \$9,100 | \$13,000 |
| 6 | \$0 | \$3,120 | \$6,240 | \$10,920 | \$15,600 |
| 7 | \$0 | \$3,640 | \$7,280 | \$12,740 | \$18,200 |
| 8 | \$0 | \$4,160 | \$8,320 | \$14,560 | \$20,800 |
| 9 | \$0 | \$4,680 | \$9,360 | \$16,380 | \$23,400 |
| 10 | \$0 | \$5,200 | \$10,400 | \$18,200 | \$26,000 |

Savings: Skipping the Fast Food/ Dining Out Visit

| Years | No Change | One time per month | Twice per month | Three times per month | Every week |
|-------|-----------|--------------------|-----------------|-----------------------|----------------|
| 1 | \$0 | \$180 | \$360 | \$540 | \$780 |
| 2 | \$0 | \$360 | \$720 | \$1,080 | \$1,560 |
| 3 | \$0 | \$540 | \$1,080 | \$1,620 | \$2,340 |
| 4 | \$0 | \$720 | \$1,440 | \$2,160 | \$3,120 |
| 5 | \$0 | \$900 | \$1,800 | \$2,700 | \$3,900 |
| 6 | \$0 | \$1,080 | \$2,160 | \$3,240 | \$4,680 |
| 7 | \$0 | \$1,260 | \$2,520 | \$3,780 | \$5,460 |
| 8 | \$0 | \$1,440 | \$2,880 | \$4,320 | \$6,240 |
| 9 | \$0 | \$1,620 | \$3,240 | \$4,860 | \$7,020 |
| 10 | \$0 | \$1,800 | \$3,600 | \$5,400 | \$7,800 |

Assumes savings of \$15 per visit, with a home-cooked meal. This amount varies depending upon household size and other variables.